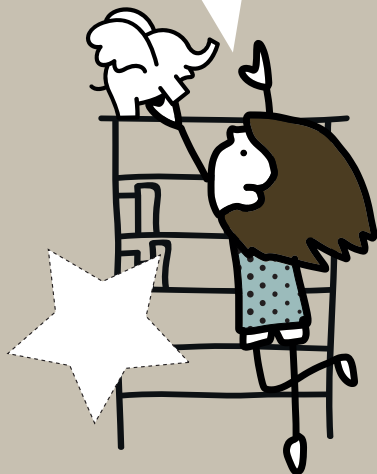


I can wash my hands and blow my nose.



I can handle toys carefully and know that putting things away is part of playing.



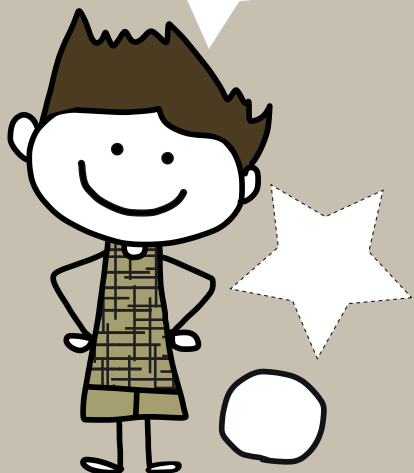
I can formulate my needs.



I had breakfast before going to kindergarten.



I already understand some German. Hello, my name is... I come from...



I can unpack and eat my mid-morning snack on my own.



I am rested and receptive in the morning (undisturbed night's sleep of at least 10- 12 hours).



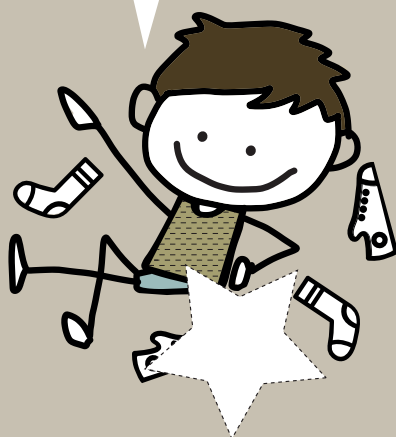
I can say goodbye to my parents at the kindergarten door and then go in on my own (from day one).



I sometimes get to play card games or puzzles at home with my mom and dad.



I can get dressed and undressed on my own (e.g. jacket, kindergarten strip, gloves, hat and sports clothes).



I can understand and follow rules.



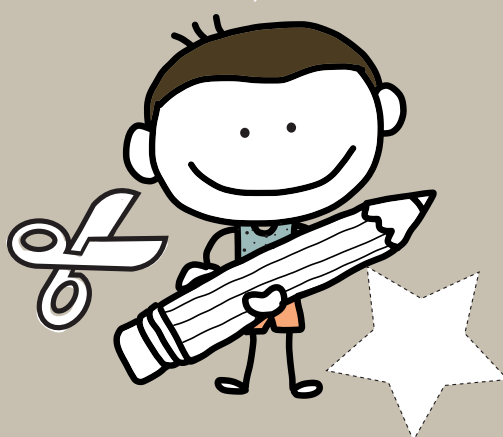
I can tell when I need to go to the toilet and can go independently.



I no longer have to wear diapers during the day.



I can make my first experiences at home with scissors, glue and pencils.



I can make contact with other children and resolve conflicts without violence.



I can get out in the fresh air every day and learn to run, climb and balance.



Together we can achieve more: we support your child and show them the way.

The order on the poster corresponds to the order in the brochure "Elternzeitung". We recommend that you hang up the poster in your home. Encourage your child to decorate the poster with the included stars. This way you can see the success together.



The poster can be downloaded in other languages here.

